BULLYING ISN’T A GAME.

It’s a serious problem.

As a parent or trusted adult, you play an important role in helping your child navigate the internet and social media and respond effectively to bullying situations. This guide is designed to help you use the Boston vs. Bullies Academy for Internet Champions online game with your child.

Objectives:
- Recognize what is bullying and cyberbullying, and what isn’t
- Understand how to safely interact with others online
- Identify what they can do if kids are being cyberbullied or see cyberbullying take place
- Identify posts that could lead to cyberbullying

Rounds:
- What is Bullying
- Stay Cyber Safe
- Stand Up to Cyberbullying
- Think Before You Post

How to Play

Round 1:
Have your child or student decide if a situation is bullying or not bullying.

Round 2:
Have your child or student select the best choice or response to Ivy, Jordan, and Fall’s cyber safety or cyberbullying situations.

Round 3:
Have your child or student decide if the example social media post is:
- OK to post
- Not sure
- Not OK to post

Before deciding, students should ask themselves:
- Could this be embarrassing or hurtful?
- Do I have permission (from the person) to post this photo?
- Could this lead to cyberbullying?
- Is this safe to post?

Post-Game Questions:
- If you feel uncomfortable when interacting with someone online, who can help?
- If you see someone doing the cyberbullying, how can you help?
- If you are getting cyberbullied, what can you do?

Additional Resources

CYBERBULLYING LESSON (PPT)
EYES ON BULLYING
BOSTONVSBULLIES.ORG
STOPBULLYING.GOV